December 2022



# **CODE OF CONDUCT**

Lisburn BMX Club ("LBMX") is fully committed to safeguarding and promoting the wellbeing of all its members and those that use its facilities. The club believes that it is important that members, associate members, pay-as-ride users, competitors, volunteers and parents associated with the club should, always, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open and to share any concerns or complaints that they may have about any aspect of the club with the club Safeguarding Officer.

Prior to registering a membership, paying to use our facilities or competing on our track, we require users (or parent of those under the age of 18) to read our code of conduct and confirm you understand and will adhere to the code. As a volunteer organisation we are dedicated to promoting the sport of BMX racing. We encourage good behaviour and sporting respect from all riders, parents, volunteers and supporters.

As a member of LBMX you are expected to abide by the following code of conduct:

#### **GENERAL**

- All riders must have membership of LBMX or have registered as a pay-as- you ride.
   Membership identification or pay-as-you-ride fee should be available for inspection.
- All club members and track users must have the appropriate and valid Cycling Ireland licences, or appropriate UCI affiliated License (Insurance).
- This facility must be used for its intended purpose only and only during official opening times.
- Riders under 16 years **must** be always accompanied by a parent or guardian.
- No smoking allowed anywhere within the facility.
- Please use bins provided or take your litter with you.
- Always show respect to other users, foul language of any type will not be tolerated. All
  members, parents and volunteers must conduct themselves to reflect the ideals of good
  sportsmanship.
- Bullying will not be tolerated of any kind be it physical, verbal or via social media platforms,
   email, or any other form of communication



### December 2022 SAFETY

- Any rider who persistently misbehaves or puts themselves or others in danger will be asked to leave the track.
- All riders must wear the minimum safety equipment of a full -face helmet, gloves, and longsleeved jersey. We strongly recommend using body armour and knee/shin guards to provide an increased level of protection.
- All visitors are expected to follow car parking instructions during events and be mindful / aware that riders and bikes are on site.
- Parents are prohibited from entering the track area unless they are involved directly in the training / open session or BMX race event.
- Riders are expected to follow track etiquette, track rules, and follow instructions from volunteer coaches and helpers.
- Parents must notify the club of any medical conditions and / or medications being administered. If this situation changes during the year, please keep the club informed.

#### **TRACK USE**

- The track is intended for BMX bike use only. **No** Scooters, Skateboards, Road bikes, RC cars etc. as they are dangerous or will damage the tracks surface.
- Always use the track in the correct direction only.
- Never stop in the middle of the track.
- Do not ride in a manner that will damage the tracks surface.

### **BIKES**

- Always ensure your bike is in good condition.
- It must have a working rear brake.
- Foot pegs, reflectors, stands etc. must be removed.

Riders, parents and guardians, volunteers and spectators must also abide by the **BMX Ireland Rules** and **Regulations** (APPENDIX 1), the **Cycling Ireland Code of Conduct** (APPENDIX 2) and **CI Code of Practice and Safeguarding Procedures for Young and Vulnerable Cyclists** (APPENDIX 3)

LBMX reserves the right to withdraw membership or future admission as pay as you ride or attendance at LBMX events if the rider, parent, or associate is found to have behaved in contravention of the above code of conduct and policies set out by LBMX, BMX Ireland and Cycling Ireland. All riders must observe these rules and follow all instructions given to them by any Commissaire or official at any time during club training, club events, regional or national events at LBMX facility.

Rider/ Member / Parental Consent (for children under the age of 18)			
I	(insert full name) a rider/ member/ parent/guardian		
(remove as appropriate)	confirm I have read and will adhere to the information on this form.		



## December 2022

I consent to my child taking (where appropriate) to take part in the coaching sessions. I understand and agree that my child participates in coaching sessions under the instruction of Cycling Ireland qualified coaches entirely at their own risk.

I have considered the nature of such sessions and have discussed them with my child. I am satisfied that my child is sufficiently responsible and competent to assume responsibility for their own safety and behaviour under the supervision of a Cycling Ireland qualified Cycling coach.

I understand that the club, its servants, or agents are not under any liability whatsoever for the loss of property, damage to property, accidents, or injuries to me / him / her, however caused.

Signed	Darted	
Participant / Members Name		